

FEEL GOOD SUPERFOOD

COMPLETE NUTRITIONAL
SUPPORT IN ONE DAILY SERVE

GLUTEN & DAIRY FREE



BE THE BEST YOU CAN BE

Today's lifestyle and environment mean we need to treat our bodies with a little extra TLC. This tasty blend is a power combo of nutrient-rich greens, fruits, veggies and berries designed to help you keep the spring in your step and perform at your best.

The added vitamins, minerals, probiotics, digestive enzymes and antioxidants make Good Green Stuff the ultimate lifestyle supplement. And, if you're healthy on the inside, you glow on the outside.



Vibrant



Sharp



Active



Healthy



Happy

“With its flagship product GOOD GREEN STUFF, NuZest has produced an effective and easy foundation for great nutrition. Taking Good Green Stuff on a regular basis is an excellent way to cover nutritional gaps that can occur with our fast paced lives.”

Kira Sutherland - Naturopath, sports nutritionist, triathlete and mother
BHSc, Grad Dip (IOC) Sports Nut, Adv Dip Nat, Adv Dip Nut, Dip Hom, Dip Herb Med

THE ULTIMATE LIFESTYLE SUPPLEMENT

More than just greens or a multi-vitamin; 100's of vital nutrients

A convenient, easy "all-in-one" solution

With over 70 ingredients, Good Green Stuff is a superblend of all your essential nutrients in one place; an easy mix of two teaspoons of powder into water or juice just once per day for comprehensive nutritional support. It takes away the guesswork.

Real food - packed with goodness

The real power of Good Green Stuff is in its high concentration of fruits, berries, vegetables, green algae, and herbs; a potent blend of nutrient-rich and high anti-oxidant superfoods. This is REAL FOOD, as nature intended; NUTRITION that your body recognises and can use; not a synthetic multi-vitamin.

Easy to digest and absorb

As a powder dissolved in liquid, it is regarded as being easier to digest and absorb than tablets and capsules. It's also the most practical way to ensure a useful serving. It would take a great many tablets to deliver the equivalent goodness.

Supports digestive health, the liver & stress

Contains Prebiotics, Probiotics and Enzymes to aid digestion, and ingredients to support your detox organs. Plus Adaptogenic herbs to help recharge the adrenal glands (they help deal with stress).

Supports the acid alkaline balance

Even tiny improvements in the acid-alkaline balance are important to well-being. A concentration of raw green superfoods gives Good Green Stuff an alkaline pH. And it is fortified with minerals such as calcium and potassium which your body uses to combat acidity.

GLUTEN FREE - DAIRY FREE - GMO FREE - VEGAN



Sharpens the mind

Contains herbs and ingredients traditionally used to support the nervous system and help keep the mind in good shape.

Safe and reliable

Good Green Stuff is blended in a GMP-certified facility that is registered and audited by the New Zealand Ministry of Health. Every ingredient is certified, and after blending, every batch is tested for safe microbial activity by an independent laboratory, before the batch is released.

It's your nutritional insurance!

Good Green Stuff does not replace a healthy diet but it does help meet the challenges of environmental toxins, nutrient depleted soils, processed foods, fast foods, missed meals excess alcohol, and a fast-paced lifestyle.

Great for everyone ()*

Athletes, mums, fussy teenagers, busy professionals and Baby Boomers - everyone (*) can benefit from their daily serve of Good Green Stuff. Vegan and vegetarian friendly.

No bad stuff

NO GENETICALLY MODIFIED ORGANISMS (GMO)
NO EGG, WHEAT, GLUTEN, DAIRY, CORN, ADDED SALT
NO ADDED SUGARS
NO YEAST, PEANUTS OR ANIMAL PRODUCTS
NO ARTIFICIAL COLOURS OR SWEETENERS
NO PRESERVATIVES
NO HERBICIDES OR PESTICIDES

** Not suitable for children under the age of 5 years*

